receiving through interstate commerce about \$70,000 worth
the
of/food which it sells is a valid exercise of the power of
Congress to regulate that commerce. We conclude that Congress
had ample basis upon which to find that racial discrimination
in restaurants which purchase a substantial portion of
their food from out of state does impose substantial burdens
upon interstate commerce. And the Act is, under the Commerce
Clause, an appropriate regulation of such restaurants, even
though they are not thamselves in interstate commerce,
because it is designed to remove those burdens adversely
affecting commerce and to foster, encourage and promote it.

4. The Evidence of the Impact on Interstate Commerce of Racial
Discrimination in Restaurants.

The record before Congress is replete with testimony of both the direct and indirect burdens placed on interstate commerce by racial discrimination in restaurants. Regarding the former, a schedule of per capita XMXMMXX Negroes by Negroes in restaurants, theaters and like establishments indicated less